
How to prepare for surgery prior to General Anesthetic and IV Sedation

Please read the following pre-operative instructions carefully. Should you have any questions, please contact our office. A link to the video version of the instructions can be found on the following page.

DO NOT eat or drink after midnight the night before your surgery

*** Please do not eat any breakfast ***

After midnight, **sips of water** only are allowed until **3** hours prior to your arrival time.

PLEASE **DO NOT**:

- eat or drink after midnight
- drink alcohol for 24 hours before your surgery
- use any illicit drugs for 1 week before your surgery
- smoke for 24 hours prior to surgery (and 2 weeks *after* surgery)
- wear perfumes or fragrances

PLEASE **DO**:

- wear loose fitting clothing with short sleeves
- wear dark colors
- wear comfortable shoes
- arrive without makeup
- remove contact lenses
- remove piercings, specifically nose, lip, and tongue
- take your medications with a sip of water as normally prescribed unless otherwise instructed
 - **Please note:**
 - Semaglutide (**Ozempic**, Rybelsus), Liraglutide (Saxenda, Victoza), Dulaglutide (Trulicity) **must** be discontinued **1 week** before your surgery
 - **Blood pressure medications** that are **ACE Inhibitors or Angiotensin II Receptors** (Ramipril, Enalapril, Perindopril, Irbesartan, Losartan, Telmisartan) must **not be taken** the evening prior **or** morning of your surgery
 - **Diabetic** patients are to follow their pre-operative dosing instructions and bring their glucometer and medication with them to their surgery
 - **Asthmatic** patients should bring their inhalers with them to their surgery.

FOR LEGAL PURPOSES:

- 1) You will need a responsible adult to drive you home. It is important that someone be with you for 24 hours after surgery.
- 2) Going home by yourself in a Taxi or other type of transport (Uber/Bus) is **not** permitted. Please arrange for a responsible adult to travel with you if a taxi, uber or public transport is required.
- 3) If you are under the age of 18 or are unable to legally consent for treatment, you **must** be accompanied by a **Parent** or / **Legal Guardian** or/ the individual who holds your **Power of Attorney**. If the accompanying adult is not the parent or legal guardian, then consent forms **must** be signed prior to the day of procedure (once we've received the appropriate legal documentation indicating guardianship).

CANCELLATION POLICY:

- Failure to give 1 weeks' notice could result in a cancellation fee.
- If you are unable to keep your appointment, please notify our office as soon as possible.



*Scan the QR code to watch the
Pre-operative Instruction video*